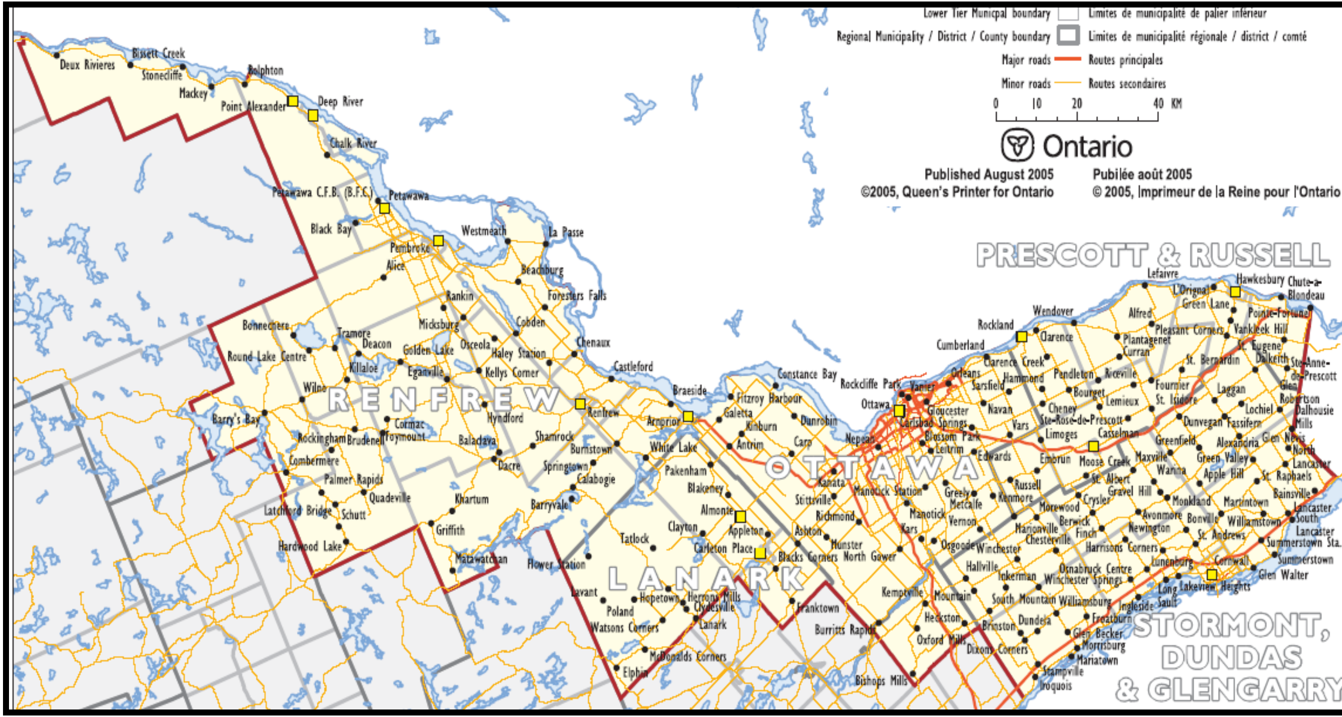Figure 1.3: The Champlain District of Ontario – 1.2 Million Residents