

Table 1
Cardiovascular Disease (CVD) mortality counts and rates per 100,000 population and self-reported prevalence of risk factors in persons aged 12 years and older in Canada, Ontario, and Champlain District and its Health Regions.

Region	CVD Mortality Counts (rate per 100,000 population)	Hypertension n (%)	Diabetes n (%)	Over-weight* n (%)	Obesity* n (%)	Daily Smoking n (%)	Physical Inactivity n (%)	<5 servings fruits & veg/day n (%)
Canada	63542 (201)	4,530,842 (15)	1,490,008 (5)	8,256,350 (33)	3,831,540 (16)	5,777,584 (19)	14,200,692 (47)	16,815,809 (55)
Ontario	24929 (205)	1,681,611 (15)	531,034 (5)	3,152,950 (33)	1,425,435 (15)	2,290,088 (15)	5,066,958 (46)	5,907,764 (53)
Champlain	2375 (207)	147,785 (14)	52,707 (5)	292,249 (34)	121,409 (14)	161,220 (16)	435,087 (42)	550,835 (53)
City of Ottawa	1519 (187)	98,461 (14)	33,550 (4)	204,934 (32)	78,282 (12)	91,168 (13)	301,948 (41)	380,718 (52)
Eastern Counties	473 (248)	27,320 (16)	12,181 (7)	56,904 (39)	27,568 (19)	36,195 (21)	79,176 (46)	101,102 (58)
Renfrew County	251 (257)	15,723 (18)	5,412 (6)	24,823 (32)	15,476 (20)	19,245 (22)	37,975 (44)	44,590 (52)
Leeds, Grenville & Lanark	367 (225)	24,846 (17)	9,034 (6)	47,416 (37)	23,039 (15)	19,607 (23)	61,437 (41)	79,206 (53)

Sources: CVD Mortality: Vital Statistics 2004, Provincial Health Planning Database (PBPDB), Health Data and Decision Support Unit, Ontario, MOHLTC.

Risk Factor Prevalence: Statistics Canada's health indicators data and Statistics Canada, Canadian Community Health Survey (CCHS 3.1), 2005; Population Estimates from Statistics Canada, 2006 Census of Population.

Prevalence based on the population aged 18 and over.