

CHAMPLAIN HEALTHY SCHOOL-AGED CHILDREN SUMMIT

MONDAY, OCT 15, 2007 9:00 A.M. – 4:30 P.M.
HAMPTON INN & CONVENTION CENTRE, OTTAWA



THE CHAMPLAIN
CARDIOVASCULAR DISEASE
PREVENTION NETWORK



HEART &
STROKE
FOUNDATION

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SPEAKER BIOGRAPHIES

Louise Simmons M.Sc. - Eastern Ontario Health Unit

Louise Simmons is the Chronic Disease Prevention Coordinator at the Eastern Ontario Health Unit. She did her B.Sc. at the University of Ottawa in Kinanthropology and her M.Sc. at the Université de Montréal in exercise science. Before joining public health, she had her own company, offering corporate health and wellness programs to the private sector. She is presently the Chair of the Healthy School-aged Children committee with the Champlain Cardiovascular Disease Prevention Network (CCPN).

Mary Lewis M.A. - Heart and Stroke Foundation of Ontario

Mary Lewis is Director of Government Relations and Health Partnerships with the Heart and Stroke Foundation of Ontario (HSFO). Her mandate is to provide leadership to enable HSFO to advocate, engage communities and partner with health care providers and government to advance the health of Ontarians. Mary provided staff leadership for the Coordinated Stroke Strategy a highly successful three-year demonstration project involving health care professionals across the care continuum. The strategy has been adopted by government and is now the Ontario Stroke System.

Mary has over thirty-five years of experience in health, social services and community development. She was Chief of Staff to Ruth Grier, Minister of Health, and Director of Allocations and Community Services at the United Way of Greater Toronto. Mary graduated from the University of Toronto with a B.A. and Master of Social Work. She and her husband Bruce recently celebrated their 40th anniversary. They have three children and four grandchildren.

Robert Cushman, MD- Champlain Local Health Integration Network

Dr. Cushman was appointed Chief Executive Officer of the Champlain Local Health Integration Network in August 2005. From 1996 to 2005, he held the position of Medical Officer of Health for the City of Ottawa, where he was instrumental in bringing in smoke-free legislation for workplaces and public places. Previously, he was Director of Public Health in Hull, Québec.

Dr. Cushman worked as a primary care physician in a variety of health-care settings, including the emergency room of the Children's Hospital of Eastern Ontario, the Somerset West Community Health Centre in Ottawa, and along the James and Hudson Bay coasts serving Cree and Inuit populations. He received the United Way of Ottawa's Volunteer of the Year Award in 2003, and Life Service Award by the City of Ottawa in September 2005.



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Andrew Pipe, CM, MD, LL.D (Hon), D.Sc. (Hon) – University of Ottawa Heart Institute

Dr. Andrew Pipe presently serves as Medical Director of the University of Ottawa Heart Institute Minto Prevention and Rehabilitation Centre and Chair of the CCPN. He is also a Professor at the University of Ottawa, with appointments in the Department of Family Medicine and the Division of Cardiac Surgery.

Dr. Pipe is recognized as one of Canada's leading experts in cardiovascular disease prevention, smoking cessation, and physical activity and health. He has addressed audiences in over 20 nations and is frequently consulted on issues related to tobacco use and smoking cessation, drug use in sport, and physical activity and health. A former chairman of Physicians for a Smoke-Free Canada, Dr. Pipe is a Life Member of the Canadian Council on Smoking and Health. In 2002 he was named to the Order of Canada.

David Salisbury, MD - City of Ottawa Public Health

David Salisbury is a physician who graduated from Queen's University and obtained his M.H.Sc (Occupational Health) from the University of British Columbia prior to obtaining his FRCPC in Community Medicine.

Dr. Salisbury joined Ottawa Public Health in June 2004 as the Associate Medical Officer of Health and Manager of Infectious Disease Control Division from his former position as Deputy Chief of Staff, Force Health Protection, Canadian Forces Medical Group at NDHQ. Born in Ottawa, his time with the Canadian Forces has taken him to four provinces, the US and Croatia. He is Board certified in Aerospace Medicine by the American Board of Preventive Medicine and possesses a Royal College Fellowship in Community Medicine.

In 2005, Dr. Salisbury was appointed Medical Officer of Health providing leadership and direction to the Ottawa Public Health Branch. Dr. Salisbury continues to provide medical direction to the Infectious Disease Prevention and Control Division.

E.J. (Ted) Kennedy – Upper Canada District School Board

Mr. Kennedy has 30 years experience as a teacher and administrator in elementary and secondary schools. His current role is Superintendent of Education with the Upper Canada District School Board responsible for Gateway Family of Schools (16 elementary and 8 Secondary Schools). Ted is also responsible for Safe Schools Program for all Upper Canada District School Board.

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Caitlin Mason Ph.D. candidate - Queen's University

Caitlin Mason is a Ph.D. candidate in the School of Kinesiology & Health Education at Queen's University, working under the supervision of Dr. Peter Katzmarzyk in the area of physical activity and obesity epidemiology. Caitlin completed her undergraduate degree in Human Kinetics (Exercise Science) from the University of British Columbia and her Masters degree from Queen's University in 2005. Caitlin is currently the recipient of a CIHR Canada Graduate Scholarship. The research for her doctoral dissertation is focused specifically around the use of anthropometric measures to assess obesity-related health risk. However, more generally her research interests involve understanding the public health impact of obesity and physical inactivity in Canada, and the role of physical activity in chronic disease prevention and treatment at the population level.

Caitlin also volunteers with the Heart and Stroke Foundation of Ontario's Mission committee for Kingston and surrounding region, serving as the Chair for the 'Healthy Weights' initiative to reduce childhood obesity and physical inactivity.

Mark Tremblay, Ph.D. - Children's Hospital of Eastern Ontario; Statistics Canada

Dr. Tremblay has a Bachelor of Commerce degree in Sports Administration and a Bachelor of Physical and Health Education degree from Laurentian University. His graduate training was from the University of Toronto where he obtained his M.Sc. and Ph.D. from the Department of Community Health, Faculty of Medicine with a specialty in exercise science. Dr. Tremblay is presently the Senior Scientific Advisor on Health Measurement at Statistics Canada and the Director of Healthy Living and Obesity Research at the Children's Hospital of Eastern Ontario. He is also a Professor of exercise physiology and pediatric exercise science and former Dean of Kinesiology at the University of Saskatchewan. Dr. Tremblay is a Fellow of the American College of Sports Medicine, a Fellow of the North American Association for the Study of Obesity, an Adjunct Professor with the Canadian Research Institute for Social Policy (CRISP), and is currently the Chair of Active Healthy Kids Canada. Dr. Tremblay has published extensively in the areas of childhood obesity, physical activity measurement, exercise physiology, and exercise endocrinology. Dr. Tremblay's most productive work has resulted from his 19-year marriage to his wife Helen, yielding four wonderful children.

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Paul Roumeliotis, CM, MD - Eastern Ontario Health Unit

Dr. Paul Roumeliotis is the newly appointed Medical Officer of Health for the Eastern Ontario Health Unit and is concurrently studying for a Masters of Public Health Degree at John's Hopkins University. Trained as a pediatrician, Dr. Roumeliotis has many years of front-line medical experience as founder and former director of Montreal's Children's Hospital Asthma Center and Pediatric Consultation Center. He has been Assistant Professor of Pediatrics at McGill University since 1990, where he directed Continuing Medical Education for the department of pediatrics between 1992 and 1998.

Using his expertise from years in the professional recording and broadcast industry, he has oriented his career to the development of multi-format health communications programs for varied audiences. His website and dozens of his educational programs have been viewed by millions worldwide. Known to many as "Dr. Paul", he has earned a reputation as a down-to-earth communicator who encourages parents to become active and informed participants in the care of their children's health and well-being. In December 2006, Dr. Paul formally entered public health, after realizing that his past experiences and vision were really "public health-oriented".

Micheline Turnau M.Sc. – Heart and Stroke Foundation of Ontario

Micheline Turnau is the Community Mission Specialist with the Heart and Stroke Foundation of Ontario for the Champlain District and has been with HSFO since 2002. Micheline Turnau holds an M.Sc. in Exercise Physiology from York University where she became a member of the Health and Fitness Program of the Canadian Society for Exercise Physiology. She is presently a member of the Healthy School-aged Children committee with the CCPN and stays active as a competitive swimmer with Master Swim Ontario.

Linda Watt M.A. – Vila Consulting

Linda Watt is an Organizational Development Consultant and the Principal Consultant in her own successful practice, Vila Consulting. Linda specializes in designing Leadership Development, Learning, Change and Community Engagement initiatives. Combined with her previous work in Adult Education, Human Resources, Career Consulting, and Coaching, Linda has 20 years experience facilitating excellence at the individual, group, and organizational level.

Ms. Watt holds a Masters Degree in Human Systems Intervention from Concordia University in Montreal, is a certified Team Management Systems Practitioner, and has a certificate in Adult Education. As an experienced university lecturer, master facilitator, and author, she has published a number of articles on leadership effectiveness that have appeared in publications such as Canadian Manager, Workplace Today, and Workplace News.



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