



THE CHAMPLAIN
CARDIOVASCULAR DISEASE
PREVENTION NETWORK

THE NAVIGATOR

INTRODUCTION

Welcome to this edition of *The Navigator*, the Champlain Cardiovascular Disease Prevention Network (CCPN)'s e-bulletin.

The Navigator will guide you through the latest news about the Network, its partners, and the progress of its initiatives. Visit the [CCPN website](#).

The CCPN is currently leading the implementation of six large-scale priority initiatives in the Champlain region. To find out more, visit the [Priority Initiatives](#) page of the CCPN website.



THE NAVIGATOR

CCPN Strategic Planning Update

The CCPN has officially launched its second strategic planning cycle for 2013 and beyond. As part of the process, the CCPN Project Management Office (PMO) will be consulting with Network partners and other key stakeholders over the next of couple months to gather valuable input that will guide us in shaping the future direction of the Network. The renewal of the strategic plan will also provide an opportunity for our partners to renew their commitment to the CCPN as we collaboratively establish priority initiatives that build on our strengths and achievements to date.

Get with the Guidelines Heart Failure Program now in 8 Champlain Hospitals

The Champlain Get with the Guidelines (GWG) Heart Failure Program is an extension of the successful Acute Coronary Syndrome (ACS) initiative that began its rollout in 2007. All 16 Champlain hospitals have signed on to the GWG-Heart Failure Program with eight hospitals currently in implementation. The GWG Initiative is ensuring that Champlain hospitals are providing the highest standard of care for patients hospitalized with cardiac symptoms.

“Give Your Head a Shake” Campaign receives a Certificate of Excellence from Hypertension Canada

The “Give Your Head a Shake” Sodium Reduction Campaign was recently honoured with a Certificate of Excellence from Hypertension Canada in “recognition of outstanding efforts and contributions in Canada to increase public awareness, prevention and control of hypertension.” Dr. Sophia Papadakis, CCPN Program Director, accepted the award at the Hypertension Canada Annual General Meeting in Alliston, ON on behalf of all of the CCPN partners. Congratulations to all our campaign partners and regional leaders who have been involved in the campaign's development and rollout!



The University of Ottawa Heart Institute Division of Prevention and Rehabilitation passes Food and Beverage Policy

The University of Ottawa Heart Institute Division of Prevention and Rehabilitation recently passed a Food and Beverage Policy to ensure healthy food and beverage offerings at Division meetings and events. The Division of Prevention and Rehabilitation has a longstanding history of promoting health and wellness and is also a proud partner of the Champlain Healthy School-aged Children Initiative. Schools in Ontario have recently implemented a similar Food and Beverage Policy, which the Division adapted for the workplace setting. This policy helps to ensure that we are making the healthy choice the easy choice at all meetings and events. To read more about this policy, please visit

<http://www.ccpnetwork.ca/DivisionandPreventionandRehabilitationFoodandBeveragePolicy.htm>



THE NAVIGATOR

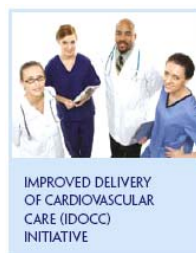
Welcome to Norvinda Rodger, CCPN Network Manager and Senior Planner – Knowledge Translation

Norvinda Rodger has recently joined the CCPN in the position of Network Manager and Senior Planner – Knowledge Translation. Norvinda will be taking a lead role in the CCPN strategy development and business planning, in addition to a lead role in the knowledge translation activities of the Network. Welcome Norvinda!



IDOCC program completing its final year

The Improved Delivery of Cardiovascular Care (IDOCC) through Outreach Facilitation project has entered its fifth year. The intervention – a two-year program providing support to family doctors to improve their care of patients with cardiovascular disease and related risk factors – will be wrapping up in the coming months, and data collection from 83 practices is well underway. The IDOCC project team will be presenting aspects of this research in two posters, one oral presentation, and one workshop about facilitation at the upcoming North American Primary Care Research Group (NACPRG) Conference that will be hosted in Banff, Alberta in November.



Écoles en Santé 2020 enrolls over 75 French schools!



Francophone schools in the Champlain region are receiving extra support from the CCPN thanks to a grant from the Société Santé en français, in partnership with Health Canada and the RSSFE. The grant created the *Écoles en Santé 2020* facilitation program which allows Marie-Claude Lang, a seconded public health nurse from Ottawa Public Health, to provide enhanced support to schools wishing to make changes to their nutrition environment, with a particular focus on healthy lunches, healthy fundraising and healthy classroom rewards. All schools from the Conseil des écoles catholiques du Centre-Est, Conseil scolaire de district catholique de l'Est ontarien and Conseil des écoles publiques de l'Est de l'Ontario were invited to participate in the program and over 62% of these schools have joined the program. Funding for the program has been secured until 2013. A special thanks to our four regional public health units for their ongoing collaboration and support on this initiative. To find out more about *Écoles en Santé 2020* please visit www.ecolesensante2020.ca.

THE NAVIGATOR

CONTACT US

Current and past issues of *The Navigator* are available on the [CCPN website](#).

Your comments and suggestions are always welcome. Please write to us at ccpn@ottawaheart.ca. We look forward to hearing from you!

CCPN Partner Organizations

Champlain Local Health Integration Network
Champlain Regional Stroke Network
Department of Family Medicine, University of Ottawa
Eastern Ontario Community Primary Health Care Network
Eastern Ontario Health Unit
Élisabeth Bruyère Research Institute
Healthy Active Living and Obesity Research Group, CHEO
Heart and Stroke Foundation
Institute of Population Health, University of Ottawa
Leeds, Grenville and Lanark District Health Unit
Ottawa Public Health
Renfrew County and District Health Unit
The Ottawa Hospital
University of Ottawa Heart Institute

CCPN Founding Industry Partner

Pfizer Canada Inc.

Funding Support

Champlain Local Health Integration Network
Ontario Ministry of Health and Long-Term Care
Ontario Ministry of Health Promotion & Sport
Public Health Agency of Canada

OUR GOAL

To save 10,000 lives from premature death of heart disease and stroke by 2020