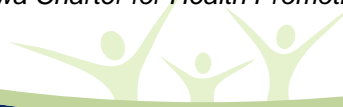


Tying it all together- how are you involved?

Build healthy public policy
Create supportive environments
Strengthen community action
Develop personal skills
Re-orientate health services (more focus on prevention than simply treatment/cure)
(Ottawa Charter for Health Promotion)



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Public Health is what we, as a society, do collectively to assure conditions for people to be healthy



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