UNIVERSITY OF OTTAWA
HEART INSTITUTE
INSTITUT DE CARDIOLOGIE
DE L'UNIVERSITÉ D'OTTAWA

PROCESS CRITERIA

PLAN OF CARE FOR CHEST PAIN

H3 H4 H5

Patient c/o chest pain

Continually assess pain for:

1. Location and type of pain
2. Radiation
3. Duration
4. Degree of pain, having patient rate pain on a scale of 1-10, with 10 being the worst.
5. Associated symptoms (diaphoresis, SOB, colour)

Apply O2, via N/P @ 2-4 l/min., and assess v/s and cardiac rhythm.

Obtain 12-lead ECG and assess for changes. Notify MD of any changes.

And ECG <u>is not</u> required for subsequent episodes of pain, unless there is a change in:

- The quality, location, or duration of pain
- The patient's rhythm
- The patient's hemodynamic stability
- The patient's respiratory effort

Administer S/L nitro as ordered by physician.

- S/L nitro .4 mg q5min x 3 if SBP > 90 mmHg
- Monitor BP q5min. Be aware of possible decrease in BP.
- Do V/S and obtain description of pain after each nitro

Assess, evaluate and document physical and emotional response to treatment.

Continually promote a calm and restful environment.

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